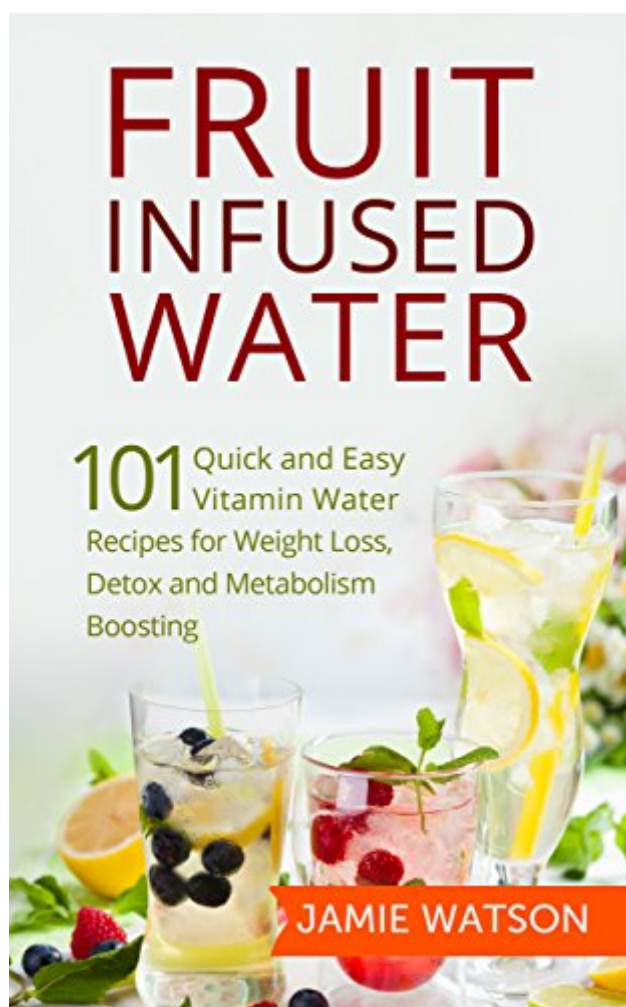


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# Fruit Infused Water: 101 Fruit Infused Water Recipes For Weight Loss, Detox And Metabolism Boosting Vitamin Water



## Synopsis

Fruit Infused Water: 101 Fruit Infused Water Recipes for Weight Loss, Detox and Metabolism Boosting: Vitamin Water, Fruit Infused Water, Natural Vitamin Water I want to thank you and congratulate you for downloading the book, "Fruit Infused Water: 101 Natural Vitamin Water Recipes". This book contains different Vitamin Water Recipes without additives. You will get to drink nothing but natural vitamin water that is good for your health. It is also economical and you can share it with your entire household. It is quick and easy to prepare. You can store your homemade vitamin water in the fridge for three days, but with these delicious recipes you will surely want to immediately gulp it down to the last drop.

Here Is A Preview Of What You'll Learn...

- 14 Refreshing Mint Fruit Infused Water
- 13 Ginger All the Way Recipes
- 26 Tropical Fruit Infused Water Recipes
- 10 Go Loco Over Coco Vitamin Water Recipes
- 17 Berry Delicious Fruit Infused Water
- 15 Citrus Burst Vitamin Water Recipes
- 6 Flower in the Fruit Infused Water

Would You Like To Know More? Get this book and join thousands of people that already use these vitamin water recipes to lose weight and live healthy lives. Scroll to the top of the page and click the buy button to instantly download this book to your pc, mobile device or Kindle.

Tag : coconut oil, detox diet, detox cleanse, fatty liver, liver cleanse, 10 day detox diet, liver detox, fruit infused water, vitamin water

## Book Information

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## Customer Reviews

I like this book very much. Jamie Watson introduces us over 101 quick, easy and natural vitamin water recipes without additives. Instead of serving junk and flavor added drinks, we can serve ourselves and our guests vitamin contained natural food drinks. I am sure our guests will remember us forever for our vitamin infused juices we served them. It is wonderful to know that we can prepare such a tasty drinks using commonly available ingredients like mint, lemon, ginger, papaya, pineapple, etc. It is really a great book for those who want to serve tasty and delicious drinks giving importance to health.

This book is really informative. It gives you many ideas on how to infuse water with all kind of delicious fruits. It also gives you nutritional benefits of the water/fruit combination. I have made several of these. They are way yummy! :) Good Stuff!! highly recommend it.

For me, this is a very refreshing take on incorporating the benefits of fruits into your regular diet and itâ™s great for those who want to increase their water intake but find drinking water on its own, too plain and even for those who just want to do something different about their daily water intake, without compromising quality and health! This book is really informative. It gives you many ideas on how to infuse water with all kind of delicious fruits. It also gives you nutritional benefits of the water/fruit combination. The author has put extra efforts in writing such a masterpiece. The quality of material of this book is worth more than its price. Easy to understand content for everyone. From me, I will definitely rate this book and the author's efforts a 5-STAR.

What incredible recipe ideas for infused water! Home-made infused water is so much better than the store bought ones. The taste is incredible. This book is filled with tons of recipe ideas of which I am definitely going to try. While the recipes are written simply and the directions are easy to follow, what would definitely make this book even better is if the author had included some illustrations of the completed recipes. Other than this the book is great! I definitely recommend this book to anyone wanting to be healthier or just wanting to try something new.

The handsome, healthy Jamie Watson has written three books that demonstrate his concern for his and our health â€“ ANTI INFLAMMATORY DIET, LOW CARB RECIPES and now FRUIT INFUSED

WATER. The books are well designed and easily accessible and when used on a regular basis, better health is on the way. Jamie explains the value of natural fruit to our diet and our body's well being in a manner that simply makes good sense. The verbiage is kept to a minimum " Jamie is more concerned that we understand the concept and the technique of infusing fruits into water, creating drinks that are not only delicious but also enhance our ambition for weight loss and for detoxing our system and boosting our metabolism. The keen aspect of this book is the quality of recipes and how simple (and storable) the products of our newfound labor can be. The in excess of 100 recipes are based on the use of ginger, tropical fruit, coconut, berries, citrus and even flowers! Who would imagine that some as easy to accomplish as these recipes would satisfy hunger, thirst and at the same time add to our good health? Refreshing! Grady Harp, January 16

I've always wanted to have a recipe book about fruit infused water, and this is what I exactly looking for! For health purposes I desire to reduce sugar, caffeine and unnatural sweeteners in my meals. Having plain water with my meals everyday, were boring and tasteless. This book provides lots of choices for flavoured water to flatter your experience.

I love this book! I like how this book is being laid out, it doesn't just go directly to the recipes but instead it gives out very detailed information on Water and Health, a few harmful drinks, and some brilliant suggestions in making fruit infused water. On top of that, recipes featured in this book are awesome! Download this book, you won't regret it!

Great book with all the recipes for great tasting water! This book is perfect for someone who is trying to cut out sugary beverages and sodas out of their diet but still have a similar taste! The choices in this book are very diverse and countless. One reason I like this book is the informative bit about the benefits of drinking infused water which really opened my eyes to the value of this book!

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